



TIE KNOT IN FRONT



PLACE KNOT BEHIND NECK



GRAB INNER LAYER OF ONE SIDE & PULL UNDERNEATH STRAP



GRAB SECOND INNER LAYER ACROSS CHEST



TAKE OUTER LAYER BEHIND & TIE ON THE SIDE



FINISH



GRAB BOTTOM CORNERS OF INNER LAYER



GRAB ONE LAYER TO OPPOSITE SHOULDER



GRAB OTHER LAYER TO OPPOSITE SHOULDER & TIE BEHIND NECK



GRAB STRAPS & TIE BEHIND



FINISH



HOLD STRAPS BEHIND



TIE KNOT IN FRONT



GRAB STRAPS UNDERNEATH CHEST



TIE BEHIND



FINISH



TIE KNOT IN FRONT WITH LONG LAYER ON OUTSIDE



CRISS/CROSS LAYERS & PLACE KNOT BEHIND NECK



HOLD OUTER LAYER



CROSS LAYERS BEHIND BACK



TIE LAYERS IN FRONT



FINISH